



Town of Truro

NEWS RELEASE

695 Prince Street
Truro, NS B2N 1G5

T: 902-895-4484
F: 902-893-0501
www.truro.ca

June 20th, 2014

TRURO – Registration is now open for the Fifth Annual VP (Victoria Park) Challenge in Truro on Saturday, July 19, 2014.

The adventure race features 5K and 7.5K runs which integrate a series of challenging natural and man-made obstacles. And, for the second year, organizers will also host a free Kids Run.

“Participants are tested on their strength, stamina and agility as they navigate a scenic route through Victoria Park in an unforgettable race,” says Shannon Jarvis, active communities co-ordinator for Town of Truro Parks, Recreation and Culture.

The regular races feature a climbing wall, Jacob’s Ladder with its 175 steps, woodland trails, a tunnel, an army crawl through mud and more. Details about the race and its obstacles are available online at www.vpchallenge.ca.

Registration is available online at www.atlanticchip.ca. Registration packages are also available at Douglas Street Recreation Centre, 40 Douglas St.

The children’s run is designed for children up to 11 years old and promises to be exciting. Participants will race over hay bales, through tires, through the mud pit and around many more obstacles. The race will be held directly after the adult races are finished (approximately 10:30 a.m.).

Race categories include: Kids Run (11 and under); 5K (ages 12+); and 7.5k (ages 12+).

Contact: Shannon Jarvis
Active Communities Co-ordinator
Truro Parks, Recreation and Culture
sjarvis@truro.ca
893-6093